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Opinions: Does the Regents' Test Make Sense?..... Page 3

Winter Break Poll.... Page 4

Body Piercing/Reducing Bike Theft on Campus.... Page 6

What students think about British Au Pair Case...Page 7

Horse Training Techniques that work on Humans... Pages 8-9

Philosophy Field Trip... Page 10

Beginning Winter Quarter 1998, *To Your Health* will be a regular feature in *The Inkwell*. This column will be written by School of Health Professions faculty and students. It will offer news and information about health care issues. Topics may be requested by calling 921-5721 or by e-mail: camille_stern@mailgate.armstrong.edu
Camille P. Stern, Ph.D., R.N. Professor and Co-ordinator Graduate Program of Nursing



The Inkwell

Savannah, Georgia

Volume LX I

No. 5



Cynthia McCormick



Cynthia McCormick, center, volunteering during AASU Day

Cynthia McCormick, of the Social and Behavioral Science Department at AASU, died in her sleep during a recent school trip to Atlanta. Doctors said that she appeared to die peacefully.

Students and coworkers remember Ms. McCormick as an easy going person who understood all people, and who was always willing to volunteer her time to help someone in need, or serve as a mediator concerning sensitive subjects.

Everyone was shocked that she died so suddenly. Students who knew her said that her death reminded them of how vulnerable we all are, and how short life really is. Ms. McCormick will be greatly missed by all of those whom she so deeply affected.

Students who knew her said that her death reminded them of how vulnerable we all are, and how short life really is. Ms. McCormick will be greatly missed by all of those whom she so deeply affected.



Des, Patrick and Paul check out the latest edition of the Inkwell. If you are interested in working for the paper, call (927-5351) or stop by MCC Room 202. Please leave a clear message with complete phone number and call again if no one is in the office.

Dandy, West, Testify Before Congress on The Merits of the Pathways to Teaching Program

Information supplied by The Office of University Relations.

Professor Evelyn Dandy, AASU instructor and director of the AASU/SSU DeWitt Wallace-Reader's Digest Pathways to Teaching Careers Program, along with local teacher Elijah West, recently testified before a U.S. House of Representatives panel on innovations in American government. The panel chose to hear about Dandy and the program's effort to recruit minority teachers, (especially men) over 200 other innovative programs in the nation.

West stated that there is a serious need to improve educational delivery in urban schools throughout the nation, and cited incidents of high teacher turnover, violence, drop out rates and absenteeism as major problems disrupting learning in the classroom.

West also told the members of the House of Representatives that by the year 2000, only five to six percent of teachers will be minorities, yet minority students will be the majority in urban schools. He stated that in Savannah, during the 1992-1994 school period, 410 new teachers were hired, but only 22% were minority females, and only 7% were minority males. Nationally, minority males represent the smallest percentage of teachers as well.

The DeWitt Wallace-Reader's Digest Pathways to Teaching Careers program started in 1992. The program



Dr. Evelyn Dandy and Mr. Elijah West

offers to pay college tuition and other support to non-certified workers in the school system such as secretaries, bus drivers, substitute teachers, and cafeteria managers. In return, they agree to teach in the public urban school system for a minimum of three years. To date, there is an 87% retention rate of teachers who have gone through this program, at a cost of about \$10,000 per scholar.

West is a product of the Pathways Program and states, "I found I had all kinds of opportunities to change young lives. My school took advantage of my background and assigned me to work with a group of at risk African American males. I've made a difference."

West continues to provide proof that the program works by reporting that since he has begun teaching middle school, suspensions in his class have dropped 70% and attendance has risen to 94%.

West feels that the Pathway Scholars make more dedicated teachers, as their students really mean a lot to them. "Down the Hall from me is a teacher named

Catherine Moore," West says. "She's a Pathways Scholar too. I've watched her as she eats lunch with her students and teaches them manners."

"James Gordon is a cafeteria manager who has changed the life of a little boy named Corey. Corey would visit James before school and they would study together: James preparing for college classes and Corey preparing for his. Corey eventually made the honor roll."

West says that six of his colleagues have been nominated teacher of the year for their school. With help from the Pathways programs, minority men and women in mid-career have a new chance to help themselves and others.

"We can give [children] hope. We can give them dreams. We can change their lives," West testified before the House of Representatives. With testimonies like that, the Pathways to Teaching Program is bound to remain a winner in helping both minority teachers and urban school children gain an advantage in both the work force and life in general.

Racism or Ageism? Drive in Movie Mishap Angers AASU Student.

Dear Editor:

I would like to send a message to all the white students at AASU. It has become overwhelmingly apparent that there is a disturbing attitude that exists among an increasing group of white students. These students are under the strange assumption that they are the only people who have a right to attend this fine institution. The prevailing opinion that the white students who attend AASU are doing nonwhite students a favor by "allowing" us to be educated here could not be further from the truth. The fact that I was questioned by another white student at a school function about my enrollment status infuriates me, and it should infuriate every nonwhite student at AASU. This white student assumed I was not a currently enrolled student and did not have a right to be in attendance at the presentation of "Men In Black". The issue of racist attitudes at AASU however, extends well beyond this one expression of ignorant racial prejudice.

This is not the 1800s. Whites DO NOT have the right to ask Blacks to produce their 'freed slave papers' on demand. White AASU students DO NOT have the right to ask Black students for proof of student identification. In fact, whites don't have the right to ask Black people anything. Until white people can climb out of their maligned and racist cesspool of existence and self-centered world view, they will never be able to escape the hatred and ignorance that consumes so many of them.

Jody Torrence

Editor's reply:

First of all, let me assure our readers that the incident which occurred had nothing to do with race. We investigated this incident and discovered that the above incident occurred when Sigma Kappa, a new fraternity on campus, had set up a spot for a hamburger grill and parking for the viewing of "Men In Black". They had reserved a space for one of their friends who drove up in a large pickup

truck after Mr. Torrence had parked nearby.

The truck blocked Mr. Torrence's view of the screen and he asked the SGA president Bud Burke to intervene on his behalf to ask the driver of the truck to move. The owner tried to move the truck up further, but it was still in the way.

The fraternity explained that they were having a cook out and pointed to a parking space a few spaces down from Mr. Torrence and told him if he couldn't see he could move to that spot. He refused to do so and reportedly tried to pull into the space where the grill had been set up, bumping the leg of one of the fraternity members with his BMW. This fraternity member then demanded to see Mr. Torrence's I.D. card and told him that the movie was being held for students and that he had no right telling them what to do.

Van Bui, treasurer for the SGA said that the event was open and free to the public and that an I.D. was not required for entrance into the movie.

An AASU Police officer then intervened and told the fraternity member that he was not allowed to save spaces for friends and would have to move the grill if Mr. Torrence wanted to park there.

A friend of one of the fraternity members told us that the reason why he asked Mr. Torrence for his I.D. was not because of his race, but because of his age. He described Mr. Torrence as "some old dude" and said that he was being a pain and spoiling their fun by refusing to compromise and move into an empty spot further down.

We spoke with Mr. Torrence to clarify the situation. He said that while this incident may not have been racially motivated, it was symptomatic of a larger problem on campus, and that he would like for other students who felt the same way he did to express their opinions in the Inkwell.

Mad about legs

Dear Inkwell Staff,

This is my first year as a faculty member here at AASU and I must say that in addition to enjoying my associations with fine students and faculty, one of my best experiences here so far was

participating in AASU Day. I am a faculty member of the Mathematics department and participated in both the chili cooking as well as the dunking festivities. Naturally, I picked up a copy of the October 31st issue of the Inkwell to check out the many highlights of AASU Day that I may have missed. Wasn't I surprised to find out that according to the Inkwell, I am not a woman! This clearly follows the caption beneath Dr. Wheelers picture, "And this is why you didn't see any women participating in the dunking portion of the booth. NO, Dr. Wheeler's thighs aren't three times the size of the rest of his body..." Well, I gave this a moment's thought and decided, NO, they certainly are wrong, I am positive that I am female! Also, I am pretty sure that I am not imagining the day that a certain subset of my MAT 216 class paid another member of this very same class to throw the balls for them, with a great amount of accuracy I might add! Anyway, the point is, not only did a woman, namely me, participate as a "dunkee" in the dunking booth, but I am fairly sure that the reason that other women chose not to participate has little to do with the reason suggested by the caption under our department head's picture. Now my legs may not be as "fine" as Dr. Wheeler's, but I've been a woman for a long time, all of my life actually, and the majority of women that I know would not hesitate to participate in something due to a reason so trivial as the appearance of their legs.

Sincerely,

Dr. Sabrina A. Hessinger

Ed.- Our apologies for not noting that a woman took part in the dunking. We only viewed the men taking part in this event and made an unfounded assumption. This was obviously a sampling error on our part. The by-line about fat legs was a joke and not intended as an insult to women. At least someone is actually reading the captions. Thanks.

Letters policy: Letters may be sent to the Inkwell on any subject. Our office is located in room 202 in the MCC. You must include your name and phone number. Names will be withheld upon request. All letters are subject to editing.

Wheel of Misfortune: When A Chain won't do you good.



Disability Services Director warns that AASU Police will be making tough on bicycle riders who chain their bikes to handicapped rails.

Dear Editor,

Chaining bikes to wheelchair accessible ramps can become a life threatening situation for individuals who have mobility impairments. Individuals who use wheelchairs need to be able to quickly and safely enter and exit buildings, and it is for this purpose that the ramps exist. Although some students may be tempted to chain a bike to a ramp just for a few minutes, please consider what would happen if a building needed to be evacuated in an emergency and an individual in a wheelchair could not use the ramp due to congestion from bicycles.

As many students, staff, and faculty members at AASU know, wheelchair ramps exist for the purpose of providing safe and equal access to buildings. After checking with Public Safety, we learned that if they received a complaint that a bike was blocking a ramp, they would first attempt to move the bike from the ramp. If they were unsuccessful at moving the bike, they would then have to cut the bike lock and confiscate the bike. The bike owner would have to go to the Public Safety office to reclaim their bike. If you see someone in the process of chaining their bike to a ramp, please encourage them to lock their bike on a bike rack. If you would like to report a complaint or if you find access to the wheelchair ramp blocked, please contact Public Safety at 2362 or 5555.

Katie Humphrey, Director of Disability Services
Anne Thompson, Department of Physical Therapy, Chairperson for Disability Services Committee

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The comments and opinions expressed in this publication do not necessarily express the opinions of anyone other than the person who has written them and are not to be taken as a reflection upon the views of the faculty, administrators, the University System of Georgia or the Board of Regents.

The Regents' Test: How to Measure a Double Standard

By Michael I. Kaplan

In determining who will be subjected to the Regents' Test and who will not, it appears that students at Armstrong Atlantic State University (or any college in the Georgia University System), who have already been through the University System once, do not have to suffer the Regents' Test as a requirement of graduation. The paragraph below raises a few questions on my mind that are not answered in the catalog.

"A student holding a baccalaureate or higher degree from a regionally accredited institution of higher education will not be required to complete the Regents' Test in order to receive a degree from a University System institution" (AASU Student Catalog, p. 64).

What skills, associated with the writing of compositions, does a student automatically possess solely by virtue of having a degree conferred by a regionally accredited college in the University System? When a student applies to AASU, that student must provide transcripts from the institution where he or she has been a student. These transcripts reflect the students' curriculum and the GPA earned by the student during the time of study. Based on the information contained in the transcripts, Student Advisors will be able to determine what classes need to be taken to complete the students' current area of study at AASU. However, did these transcripts demonstrate the students' ability in the area of reading and writing?

According to the Armstrong Atlantic State University Catalog, the Primary objective of the Regents' Test is "to provide system wide information on the status of student competence in the areas of reading and writing" (64). The entire purpose of the Test is to assure all colleges and universities within the University System that all enrolled students and graduates of these regionally accredited institutions possess the necessary skills, and meet the basic requirements, in the reading and writing of com-

positions. Aren't transfer students and graduates from regionally accredited colleges and universities the very people who are, and were, the inspiration for the Regents' Test?

Based on this exemption for holders of a baccalaureate degree (or higher), I would question the legitimacy of the primary objective given for the administration of the Regents' Test. I imagine it would be embarrassing if a student, who after receiving a degree from a regionally accredited institution (perhaps AASU) and participated in the work force for a few years, returns to school to pursue another area of study and ended up failing the Regents' Test. How could the university, which conferred the degree upon this student, explain the apparent lack of competence in the area of reading and writing? How would that affect future enrollment at that particular university? How would the professional sector view recent graduates of that university, as well as university alumni, with respect to the quality of their education and legitimacy of their diplomas? Would a graduate from a regionally accredited college in the University System, upon failing the Regents' Test, be forced to suffer remedial classes in the same manner as first time college students, who also happened to fail the Test?

There is another problem I see with the description contained in the catalog: the phrase "regionally accredited institution". Does this mean that if I, a graduate student holding a degree from the regionally accredited University of Podunk, Georgia, enroll in an undergraduate program at Armstrong next fall, I will not have to take the Regents' Test, while my brother, who graduated from Princeton University, will have to take the Test? Remember, the key phrase here is "regionally accredited". Some transfer students from institutions of higher education, located outside the coveted "region" alluded to in the catalog, might view this catch phrase and its result as an exercise in protectionism. Could this be the

"good ole boy" system that we, who were not fortunate enough to grow up in the South, heard so much about while attending our universities in other parts of the country? No, that can't be the reason. After all, that type of protectionism is the result of lack of knowledge and education, and this is a University System of Higher Learning. Right? Excuse me, boys and girls. Can you say *paradoxical logic*? I knew you could. Now go look it up in your *Webster's College Dictionary*. ...See also: Georgia University System.

The answer to all these questions is...entirely too politically painful and difficult to consider. Instead of confronting these issues head on, and dealing with the harsh reality that there are some college graduates out in the work force who do not deserve a degree of any kind, why don't we just exempt this group of students? There is a good chance that no one will notice that the primary objective of the Regents' Test has just been rendered useless by this well thought out exemption, right? After all, the students of today don't care much about anything other than themselves, and anything other than what will affect them that day, right? Of course not. All those in favor of implementing this exemption, with the hope that no one will notice, say "Aye." Is anyone looking? No? OK. "Aye, Aye, Aye." So order, so done. That was entirely too easy. What's for lunch?

As a student at Armstrong Atlantic State University, I am very concerned about my education, and anything that might affect my future as it relates to my university experience. I don't agree with standardized tests and all their inherent flaws (see any standardized tests' disclaimers), but I understand why they are given. What I can't understand, and what I cannot support, is the Regents' Test lack of applied fairness by means of special exemptions (this particular exemption representing only one, of many). But that's OK. If we, as undergraduate university students, don't care, why should anyone else?

GOD'S REDEEMING VOICE

The Power of Influence

"...Who has bewitched you that you should not obey the truth...?"

Galatians 3:1

by Sonaike Adeyemi

All those years of training in good grammar couldn't stand up to few hours of being with a friend who mangles the language. That was my observation recently as I overheard my friend, Ibukun, talking with one of his friends.

I listened as Ibukun's buddy used poor English again and again. I was surprised by his word choices, but I was really taken back when I heard Ibukun talking the same way. He doesn't usually talk like that - at least he didn't until a little peer pressure got to him.

It was another illustration of the power of others to change the way we think. We carefully guide our children to use proper speech patterns, but the influence of people can undo all that.

Think about how this principle affects much more important choices. Considering, from the Bible, the story of Ahaziah in 2 Chronicles Chapter 22 verses 1 to 4. It reads:-

1. Some Arabs had lead a raid and killed all of King Jehoram's



sons except Ahaziah, the youngest- so now the people of Jerusalem made Ahaziah King as his father's successor. 2-3 Ahaziah became king at the age of twenty-two, and he ruled in Jerusalem for one year. Ahaziah also followed the example of King Ahab's family, since his mother Athaliah- the daughter of King Ahab and granddaughter of King Omir of Israel-gave him advice that led him into evil.

4. He sinned against God, because after the death of his father other members of King Ahab's family became his advisors and they led to his down fall. (Good News Bible)

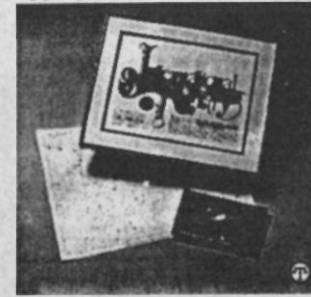
According to this short story, Ahaziah was influenced by his mother to do wrong (v. 3). As a result, "He did evil in the sight of God" (v. 4). His godly grandfather Jehosaphat surely had some influence on Ahaziah, but it was the evil persuasion of Athaliah that marked his course

We can be manipulated! so we must be very careful about who or what influences us and stay close to our Father- God, the source of all that is good and right.

Heavenly Gift Idea

(NAPS)—When you look over your holiday gift list, there could be stars in your eyes, especially if you glance up to the skies for inspiration.

Founded in 1979, the International Star Registry helps clients name one of approximately 18 million charted stars. Staff members work with clients to find an appropriate constellation in



People can now make holiday wishes upon their own personal stars.

which the star they name will be located. Stars located in Orion are a popular choice for Christmas and Hanukkah since that constellation is most highly visible during the winter months.

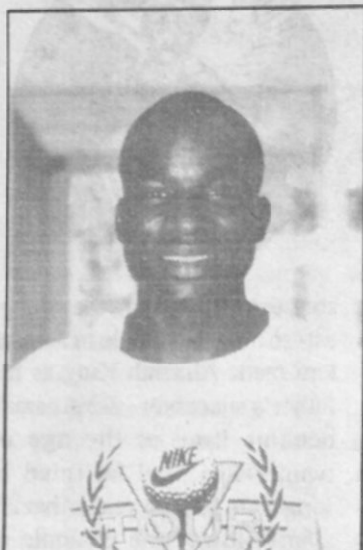
Recipients receive star kits which include:

- 12"x16" full-color, hand-lettered certificate printed on parchment paper;
- sky chart with the location of the star circled;
- telescopic coordinates to locate the star;
- informational booklet on the cosmos; and
- letter of congratulations or memorial letter for recipient.

The basic kit costs \$45, plus \$7 for shipping and handling. The New Star Name will be recorded in Volume Five of the Registry's book to be entered in the U.S. copyright office.

For more information, or to place an order, call (800) 282-3333.

What Will You Be Doing Over the Winter Break?



Tyrone Burke: "Working and squeezing in some B-ball."



Sarah Mitchell: "Paddling across the Okefenokee Swamp."



Alethia L. Bradshaw: "I will be working for tuition."

While Students don't get much of a Spring Break; they have nearly a month off in the winter. That's a lot of time, and *the Inkwell* staff wondered what would students do. If you have more free time than you know what to do with over the break, check out some suggestions here and on page 13. Have a happy holiday season. See you in January!!



Chanel Jackson: "I'm going home to Bainbridge, Georgia to see family and make some money."



Lisa Seagraves: "I will be doing the family thing in Atlanta."



Gabriel Martinez: "I'm going to the North Carolina Mountains with my family from Puerto Rico, and try to do some skiing."



MAYORS' CHRISTMAS MOTORCADE

The City will again this year participate in the Mayors' Christmas Motorcade at Georgia's Regional Hospital, December 10. The public Information Office, along with other City departments, will be collecting gifts to donate to the hospital. The Motorcade began nearly 30 years ago to provide Christmas gifts to the patients of Georgia's mental health and retardation hospitals, who, without the Motorcade, might not receive Christmas presents. A few ideas for presents are: lipstick, hand lotion, jogging suits, hats, table games, hot curlers, jewelry, teen shirts, stuffed animals, action toys, candy, art supplies, puzzles, scarfs, bookmarks, and any thing you yourself would enjoy receiving for Christmas. Please **NO GLASS** or objects with **SHARP EDGES**. Remember that all gifts should be **NEW** and left **UNWRAPPED**.

We do however need boxes, paper, and bows. Our patients range in age from 6 to 90. All gifts should be delivered to:

Volunteer Services Georgia
Regional Hospital
at Savannah

1915 Eisenhower Dr.
P.O. Box 13607
Savannah, GA
Phone 356-2103

Cindi Colley, Vol. Coordinator.

Armstrong Atlantic State University

1997-98 MEN'S & WOMEN'S
HOME BASKETBALL SCHEDULE
in Alumni Arena at the Sports Center

DATE	OPPONENT	TIME
November		
Mon. 24	Barton College	W 5:30pm
Mon. 24	Fla Memorial Col.	M 7:30pm
Wed. 26	Lake Superior St	M 7:30pm
Sat. 29	Southern Wesleyan	M 7:30pm
December		
Sat. 13	*Clayton Col. & StU	W 2:00 M 4:00pm
Mon. 15	Florida Tech	W 6:00pm
Mon. 15	Edward Waters C	M 8:00pm
Wed. 17	Augusta State U	W 6:00pm
Fri. 19	Lenoir-Rhyne Col	M 8:00pm
Sat. 20	Elon College	M 8:00pm
Tue. 30	Davis & Elkins	W 6:00pm
January		
Sat. 3	*GA Col & St U	W 5:30 M 7:30pm
Sat. 10	*Lander Univ	W 2:00 M 4:00pm
Wed. 21	*U of North Fla	W 5:30 M 7:30pm
Wed. 28	*UNC- Pembroke	W 5:30 M 7:30pm

* Denotes conference games

46th Annual Bar-B-Que

Saturday, November 22

11 A.M. - 6 P.M.

Adult Plate \$5 • Child's Plate \$2.50

**Richmond Hill
Methodist Church**

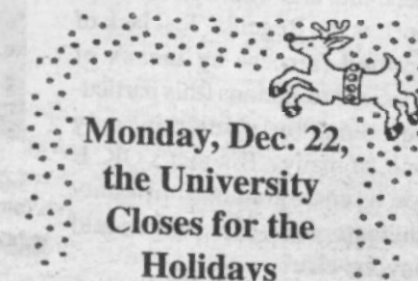
State Hwy 144

(between US 17 & I-95)

Bazaar opens at 10 A.M.

Christmas Wreaths,
Gifts, Clothing,
Bake Sale

Monday, Dec. 22,
the University
Closes for the
Holidays



He made a statement
by passing the bar.

Not entering one.

DISCOVER

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Body Piercing: The Holey Truth

By B. Cook

So what is the deal with everyone getting body piercings?? Tongues, bellybuttons, ears, noses, lips, eyelids and some other embarrassing places that we won't even mention in this article. The newest statistics total up more than 2,100 adolescents that have body piercing out of just eight states. The latest study also figured that 1 out of 10 had a body pierce and that half of those were thinking of getting one.

So what is the big deal?? The rage used to be that if you had a body part pierced you were "cool and oh, so individual." Well, with so many people having piercings, you may just appear to be a silly pawn in another one of society's crazy and temporary fads. Let me let you in on a little secret...if you don't get your body pierced you are one individual person these days.

Although this practice has been widely accepted and respected due to the influences of celebrities and famous models, I was quite shocked when a

friend of mine—a professional woman of thirty-something years, pierced her bellybutton on a whim. I say on a whim because I don't believe that a lot of thought was invested in the decision. Now her two teenage daughters think their mom is a cool liberal, but now how can she say no to their requests for a piercing? As for myself I will stick to the boring and stoic pierced ear...nothing else, please.

Many states have banned minors from body piercing without parents permission. The parents have to be present and a consent and liability form have to be signed. Of course, these obstacles are easily overcome by the most wily and determined teenagers. Where will parents draw the lines at teenagers spirit of rebellion? Is the risk of Hepatitis B or tetanus worth the having a piece of metal through your flesh for the sake of being part of the "in" crowd? Minors usually think so.

Piercings are not for the faint of heart, they do hurt, just ask someone who had their



bellybutton done. It will take about 12 months to heal and can be aggravated by waistbands, not to mention the fear of infection. The tongue is another delicate area. It swells horribly and it can be hard to eat for about a week. But hey, just think about all those envious looks you will be getting when you show off your new decoration!! You will be the hot person this season.

So for all you people out seeking a new look, try National Geographic, I believe they might have some suave styles of body decorating that you may want to try. And for all of you boring unhol-y people...thanks for being just plain normal.

AASU Police Offer Service to Reduce Bike Theft on Campus

The Division of Public Safety at AASU is offering a free service to help prevent bike theft on campus, which includes free literature on the proper way to secure a bike, and the free licensing of bikes with a national bicycle tracking and identification database which is managed by the National Bike Registry.

"The purpose of this program," states AASU Corporal Williams, "is to get as much information on bikes into the national database BEFORE they are stolen, so that when we recover the stolen bikes, we can identify the owners and return the bikes."

Since the information goes into the national database, it is particularly useful to students because it means that law enforcement personnel across the coun-

try can identify and return a bike no matter where it is found.

Under a new program hosted by the National Bike Registry (NBR) students can have their bikes licensed for free, with all data collected going to the NBR, allowing law enforcement agencies access to data 24 hours a day. All data is kept strictly confidential.

If you would like to license your bike, simply bring it to the University Police Building on Science Drive near the Abercorn entrance between the hours of 8 A.M. to 6 P.M. There is no charge for the service. The more bikes that are registered, the easier it will be to track down bike thieves and return bikes back to their owners.

For more information, contact Corporal Williams at 921-5555.



The human brain is made up of more than eight billion cells.



Only gorillas living in captivity eat meat. In the wild gorillas snack on leaves, buds, barks and fruits.



The most-visited house museum is Elvis Presley's Graceland, in Memphis, Tennessee. It's seen by more than 600,000 people per year.

The AASU Economics Club (SIFE) Presents: The Business Economist at Work: Motorola- Submitted by Karen Villar

Motorola is one of the world's leading providers of wireless communications, semiconductors, advanced electronic systems, components and services. The company was founded in 1928 in Chicago, Illinois. Its first product was a battery eliminator, allowing consumers to operate radios directly from household current instead of the batteries supplied with them. Since the 1960s the company has expanded into international markets and shifted from consumer electronics into high-technology markets in commercial, industrial and government fields.

A business economist deals with change. In fact, change can become a constant. Change is directed by the market. The market is expanding. The business economist must be able to assist in planning regional restructuring to accommodate the expanding market. At Motorola, the emerging markets of Asia, Latin America and the nations of the former Soviet Union offer the best opportunity.

The restructured organizations of Motorola are helping to present a cohesive message in parts of the world that have only recently become part of the global market economy. The primary responsibility of the Chief Economist at Motorola is to help assess the opportunity and risk of each geographic market and

develop a priority country ranking for possible future expansion. Knowledge of economic fundamentals is a necessity. This knowledge helps develop the corporate-wide 'vision' of global expansion. The business economist helps identify the new and emerging market opportunities. The bottom line: being in touch with 'real-time' world events is crucial.

Lessons learned- Show up: don't wait to be invited to meetings and conferences- get to know the person responsible for the agenda and demonstrate how you can add value. After you have been invited to join in, be completely prepared to deliver. Sell yourself and your ideas.

Walk the talk: provide follow-up material as quickly as possible. Be honest if you are having difficulties getting the information; learn to say NO. Tell them what you think and not what you think they want to hear. Your insight might cause a stir. Be flexible: You have to be able to deal with the unexpected. Management doesn't care about your schedule, you work for them and they set the priorities. Don't burn bridges. Give back something: become involved teaching others or serving on economic oriented boards or committees.

The Journal of National Association for Business Economics Oct. 1997



"In God We Trust" became the official motto of the United States in 1956. It had appeared on coins since 1864.

AASU Student Wins Cigar Box Art Contest at Tinder Box

Tinder Box, Savannah's newest tobacco shop, has announced the winner of its First Annual Cigar Box Art Competition.

Rebecca Jackson, a 25 year old biology major at Armstrong Atlantic State University, won the competition with a lamp she created from a Penguin cigar box. Her entry included a lampshade on which she had hand painted the Penguin logo. Ms. Jackson, who comes from Winder, Georgia, said that she enjoyed the opportunity to compete and was thrilled to win

the \$75 gift certificate from Tinder Box. Other entries included "Smokey Kisses," an artistic construct with red neon lips, a cigar box music stand and a wheeled cigar caddy. A panel of merchants from the Bull and Liberty Shopping District judged the entries.

Tinder Box is located at 244 Bull Street directly across from the Six Pence Pub. For additional information contact John Patterson or Don Wilsmith at 232-2650.

Buffalo's Cafe

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Savannah, GA

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(9464)

The Inkwell Student Opinion Poll

By Brian Polczynski and
Desmal Purcell

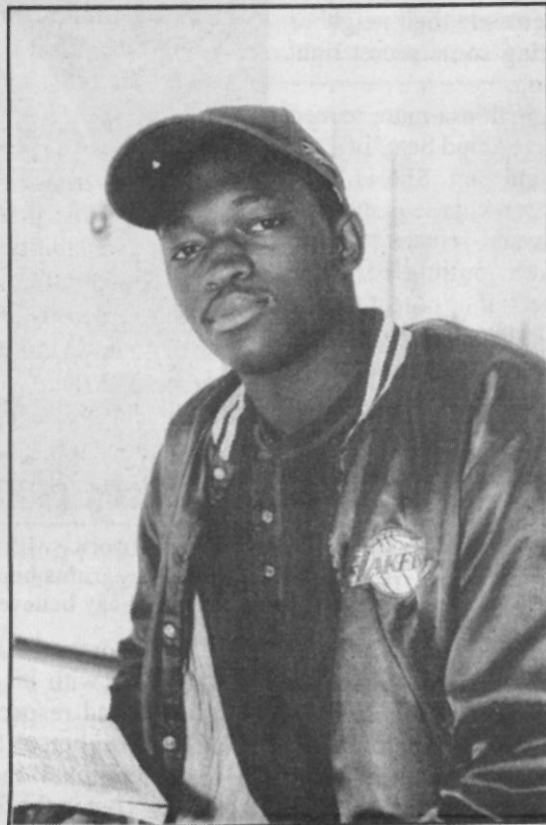
Do you think Brittish au Pair Louise Woodward received a fair sentence?



Patricia Wallace: "It's too hard to determine if she is guilty or not; yet she should have done more time since she was convicted."



Mary Ann Donnally: "They should have done a background check before leaving the child with an inexperienced girl."



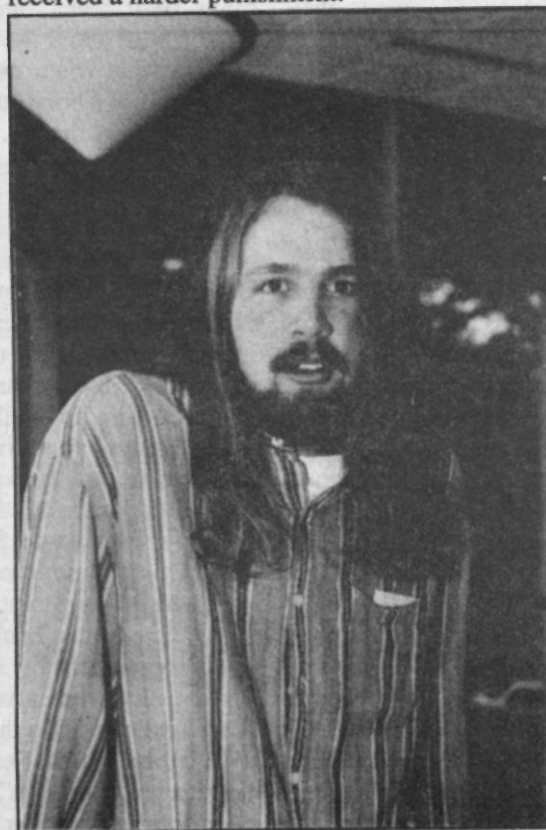
Marion Braxton: "It's not right. Others her age and younger have done less of an offense. They received worse of a punishment. She should have received a harder punishment."



Charlotte Grimm: "The parents did not even show up for the sentencing. Something is pointing against them. Why are the previous bruises on the baby not evidence enough?"



Brandy Heyward: "The parents should be on trial now that evidence is pointing into their corner"



Brandon Tatom: "It's more the parent's responsibility than the girl with no experience. The judge made the right decision"

Dave Seay Trains Horses One Step at a Time: His Method of Gentle Progressive Training Works For Humans Too!!!

By BJ English

"Have you ever been run away with by a horse," Natural Horsemanship Trainer Dave Seay asks the audience at a Guyton clinic. Everyone in the crowd nods knowingly and reaches across to their neighbor as if sharing some secret right of initiation.

An Appaloosa mare named Sky stands behind Seay in a tall metal round pen. She is there because her owner says she bites and kicks and refuses to stand tied without pulling back and hurting herself or others around her. She looks innocent enough as she wanders the pen tasting the grass and looking in the direction of the other horses who are out grazing in the pasture nearby.

Seay, who originally comes from Covington, Georgia, is at the stable of Ava Dantis in Guyton, speaking to a small crowd of horse owners who are there to learn more about his method of gentling horses; based on a system of communication that is instinctively understood by the horse. While this might conjure up visions of the *Horse Whisperer*, Seay says there is really nothing mysterious about it; you're simply using techniques of animal behavior, and teaching the horse to do what it already knows and does naturally in the pasture or the wild. The real trick is that the horse will not do what you want unless it is calm, and respects and trusts you.

Many horse trainers believe that a horse is just another dumb animal. It has to be forced to do what a human wants it to do. Their methods of training are based on fear and punishment; hardly the building blocks of calmness, respect and trust. Many "wild west" trainers live by the adage- "You've got to show a horse who's boss." Their method of training is referred to as "breaking" a horse, and refers to the process of breaking a horse's spirit, so that it will no longer act like a wild creature and will obey human commands. Such training methods work, but many people feel there is a better way to train a horse, and Seay is one such person.

Seay admits that he is not above taking a whip to a horse himself, and said that there are some horses, like some people, that are just plain mean. But



Dave Seay works with a problem horse named Magic. "Control a horse's feet and you control its mind." Seay trains horses to disengage their hind quarters, or cross one inside back leg over another as it turns. Seay believes that calmness, respect, trust and patience can gentle almost any animal.

most of the horses that he works with do well with his gentling techniques and respect him as being the 'boss horse'. Seay tells his audiences that if they watch their horses out in the field, they can see the development of a natural pecking order. "The more dominant horse controls all the others by getting them to move their feet," Seay points out. "It's all about the feet." He explains that when most riders try to control a horse, they do so by pulling on the bit. "It's not the bit but the brain that restrains the animal." To prove this, he has his apprentice Julie Robins bring out a well fed mare named Dove. Seay cues Dove to lay down, and then settles himself into the saddle. Without the use of bridle or bit, he cues her to stand and begin walking. He jokes that he had to train her to lie down because he was getting too old to climb into the saddle the conventional way. Seay controls Dove's movements and speed by leg and seat pressure alone. She stops, backs, turns, and only misbehaves to pin her ears at Sky who is wandering loose and getting in the way.

At his clinics, Seay shows how horses "disengage" their legs, or cross one leg over the other when changing directions. He asks if anyone has ever tried to run away from something with their legs crossed, explaining that by getting a horse to move its legs in the direction you want it to go, and by making it easy for them to

go in that direction and difficult to go anywhere else, you gain control over the horse's movement with as little force as necessary.

Seay gives an example with the mare Sky, using a lariat, or rope, instead of a halter to lead and lounge her around the ring. He says he prefers to use a lariat because it is safer and puts pressure more evenly around the stronger, muscled portion of a horse's neck; unlike the halter which can put pressure on the more sensitive nerve filled poll (an area located just behind the horse's ears). He has his lariats

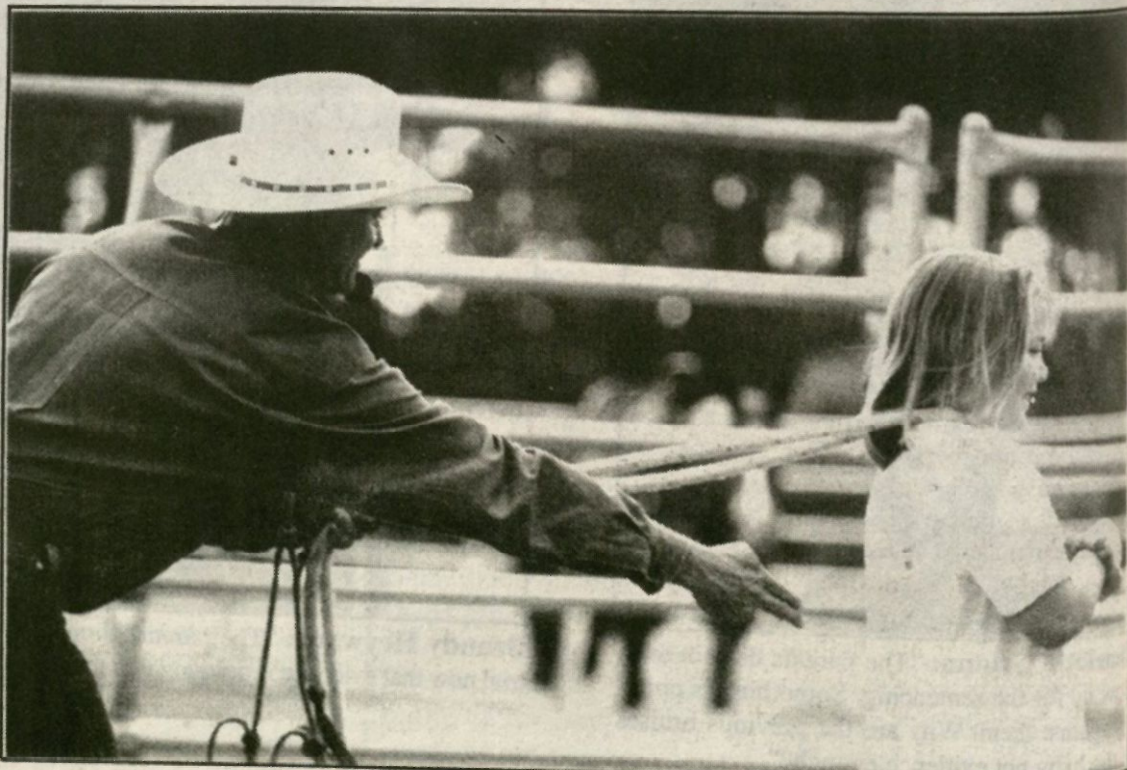
specially made of softer rope so they will not cut into an animal's hide.

As Seay ropes Sky and leads her toward the audience, he tells them, "Let the horse be a horse; don't expect it to be human." He tells them that they need to learn the body language of the horse by looking at the tail, ears, eyes and feet. "Horses are prey animals and see humans as predators," Seay tells them. He points out that when a horse gets mad, it lays its ears flat against its head. He then pointed to his own ears. "To the horse, it looks like

we humans are always angry." The audience laughs, and Seay goes on to explain that horses are prey animals and view humans as predators who are out to beat them up and then have them for supper.

As he lounges Sky around the ring, letting her go at her own pace, she begins to run, then realizing that he is not going to beat her, she slows to a trot. Seay says it doesn't matter to him if she runs or walks, as long as she keeps moving. The purpose of this session is not to tire the horse, but to gain her focus and attention, to develop her trust and respect." He points out that as a prey animal, she is aware of everything around her, but can still be calm. "I have her on the end of the rope, but this 1000 pound horse also has me on the end of it too," he jokes. He is watching her moves as much as she is watching his.

Seay learned how to train horses the cowboy way. The method was often cruel and hard on the horse and rider, but it was fast, and it worked. The only problem for Seay was that both he and the horses kept getting hurt. He says that he has been kicked in the head, stomped, fallen on and has broken six ribs when a horse whirled around and flipped on top of him. After that, he decided he had enough of horses and quit. A year later, he stopped listening to the people who trained the horses, and started listening to the



A young girl plays the part of the horse. She learns to look for Seay's hand and stops before he pulls on the "reins" around her neck; proving that even humans can be trained by his methods.

horses themselves. He started reading books and observing horse behavior and developed his own method of progressive training, working to calm the horse down and listening to the horse's body language. He watched how the horses did things naturally without human interference and began working from there.

Eventually he was called to Fort Lauderdale, Florida to work with a group of wild caught mustangs. It was here that his training methods were really put to the test. "Someone told me: you have something that no one else has," said Seay about the experience. He has been training horses ever since.

As Seay works calmly with Sky, using horse body language, and the end of the lariat to control her and make her move her feet in the direction he wants her to go, it almost seems as if they are doing a ballroom dance. Seay turns his shoulder away and takes a step back, and Sky turns toward him. He turns his shoulder back in her direction and swings his hips around, and she continues on her path around the ring. She has forgotten about the horses in the nearby field.



The Audience laughs as Dave's trained mare Dove ignores him. "My wife does that to me too, sometimes," he says.

asks if she minds having a rope put around her neck. He tells her he wants her to play the role of the horse. He gently wraps a cotton lead line across her neck and tells her to walk ahead of him. When he pulls back on the rope, the girl stops with her neck leaned back and her tongue stuck out.

"That wasn't very comfortable was it?" he asks her as he tells her to walk forward again. This time before pulling back on the rope he reaches out to tap her on the right shoulder with his free hand. Soon she is stopping when she sees his hand. He does

language not human language."

Though Seay rides Western, he says it is ironic that 80% of his customers ride English. Ava Dantis, the host of the clinic, rides dressage, and found out about Seay through an advertisement in a magazine. She went to see him at a Clinic in Charlotte, N.C. and was very impressed. His ability to communicate with people as well as horses, convinced her to hire him for the clinic at her boarding stable in Guyton. "I've taken dressage lessons with about 10 different trainers, but I've never found one I like as well as Dave," she said. "No matter how you ride, you can learn to do what you do the right way."

Dantis' sentiments were equally shared by those attending the clinic. One woman had come to view Seay ride a horse she once owned and had sold to a woman who rides dressage in Savannah. The horse was named Magic and had begun pulling on the reins and literally throwing his body weight around in an attempt to frighten his owner and bully her into leaving him alone.

Seay was not too impressed with Magic to begin with, but after working with him for a half hour, seemed convinced that he wasn't so bad a horse after all. "The secret with Magic is that you just have to be patient," he said. Once Magic realized that Seay wasn't going to give up or be bullied by him, he began to pay attention and listen to what he was being asked to do.

As for the pulling problem with Sky, Seay held her and began tapping her with a long pole with a piece of plastic tied to the end. When she got used to that and stopped trying to pull away, he wrapped the long leadline loosely around a pole and had a group from the audience rush towards her while yelling and waving jackets and rags over their heads.

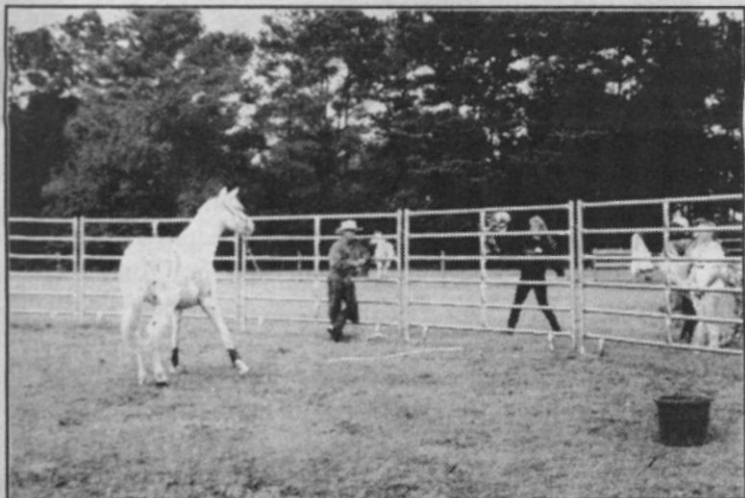
At first Sky panicked and pulled back, but when she realized she was not trapped, and would not

be hurt, she stopped pulling and stood staring at the noisy group as if somewhat amused by their curious behavior; leading one to wonder if she was not learning as much about human behavior, as the rest of the humans were learning about her.

Dantis was quite pleased with the turn out at the clinic (about thirty nine people attended) and said that while she lost money on the deal, she didn't really mind, because it was her chance to introduce

Seay to people who had not heard of him, or had not been to one of his clinics before. She plans to hold another clinic sometime around May, and hopes that more people will attend then. If you are interested in attending a Dave Seay Clinic in Guyton in the Spring, you may contact Dantis at: (912) 728-3924.

For more information about Clinics elsewhere, contact Natalie Bellamy at (704) 843-7357, or Pat Parrish at (804) 792-1548.



Sky, an Apaloosa mare with a tying problem, learns to stand still, even when strange humans run and shake objects at her.

She has neither tried to bite nor kick, though Seay has given her several opportunities.

"Always give the horse a choice and reward the right choices. Allow the horse to make mistakes and remember to reward even the smallest effort. Make the right choice easy and the wrong choice difficult. Be patient and persistent. Control the horse's feet and you can control it's mind. You will only be able to manage your horse if you are higher on the pecking order."

Seay half jokingly tells the audience that his methods of progressive horsemanship can just as easily be applied to training humans. To prove this, he asks for a volunteer from the audience. A young girl comes giggling shyly toward him and he

not pull on the rope at all. "Why did you stop?" he asks her. "I saw your hand," she replies.

Seay jests that he once bet a friend he could get a horse to stop just by sticking his finger in his ear. He won the bet; proving that as long as you use a cue consistently to obtain the same results, and reward your subject for the correct behavior, you can pretty much use whatever cue your subject can make sense of.

Seay shrugs off suggestions from riders and trainers that claim a Western horse responds differently to cues than does an English horse. "The style of riding does not matter. All horses are the same. They all have 4 legs. I use the horse's cue, not a park horse cue or a reining horse cue. You cue a horse with horse



Julie Robins with Dove at Dave Seay Clinic in Guyton, Ga.

Like many young children, Julie Robins had a dream of growing up and working with horses, but the more experience she got with other trainers, the more she kept thinking that their had to be a better way.

Robins, an apprentice of Progressive Horsemanship Trainer Dave Seay, used to ride English and take dressage lessons. Since meeting Seay, Robins says "Now I just ride."

In order to apprentice for Seay, Robins had to ride in at least four clinics with him and spend 2 nonconsecutive weeks at his farm, (currently located in Covington, Georgia, but soon to be relocated in Charlotte, North Carolina) working directly with him and his horses. Then she was invited to ride in an annual clinic where there are no spectators and students receive much appreciated attention.

Robins says her ultimate

goal in becoming a trainer is to teach kids what to do with a horse BEFORE they buy it.

She says she has seen too many children get hurt or become disappointed and disillusioned because they couldn't get their horses to do what they wanted them to do, and couldn't find a trainer who could make riding fun.

"All any of us want as horse owners is to enjoy our horse and have a horse that is happy and usable." She said she became disillusioned by the cramped discipline of dressage instructors that were so hung up on doing things their way, that they ignored the natural way of the horse.

If you or anyone you know is interested in apprenticing with Dave Seay, you can contact him at Seay Enterprises, 1620 Walden Pond Lane, Weddington, NC, 28173. Phone 704-843-7357 or FAX 704-843-7647.

First AASU Philosophy Department "Field Trip"

By Tiffanie L.C. Rogers

Dr. Nordenhaug's Medieval Philosophy class traveled to Georgia Southern University on Thursday, November 6th, to attend a lecture sponsored by the GSU Department of Literature and Philosophy. The Armstrong students who participated in this excursion were sponsored by the AASU Department of Languages, Literature, and Dramatic Arts.

The guest speaker was Dr. Thomas Flynn, a professor of Philosophy at Emory University in Atlanta. He teaches Ethics, 20th Century Philosophy, and other courses. He has earned four Teacher Of The Year awards and has published several books and approximately 60 articles. And he is, as we had the privilege to learn first hand, a dynamic, eloquent, knowledgeable, and interesting speaker (as well as being remarkably tolerant of an irate "heckler").

The title of Dr. Flynn's lecture was "At the Crossroads of Philosophy and Religion: The Test Case of Religious Existentialism." I hope that I can do his speech at least some justice in summary. . .

Philosophy and religion in the west have historically viewed each other with suspicion. Where reason is given primary value in Philosophy, religion places value on something that is beyond comprehension by human reason. At the outset of the Middle Ages reason and faith needed each other, although reason was subordinate to faith. As we evolve through St. Thomas Aquinas, Galileo Galilei, Thomas Hobbes, Rene Descartes, and Sir Issac Newton, the role of reason in philosophy becomes gradually more independent, moving through a stage of competition with faith and finally to being superior to faith.

Then David Hume questioned the basis of the principle of causality--the foundation of rational science. Immanuel Kant wanted to save Newtonian physics from this skepticism which undermined the certainty of knowledge gained through the senses. Kant's first step was to position the ultimate reality

within us, rather than "out there," which allows us to see the world objectively--all *perceiving* the same reality--even if we can't know what's *really* "out there." The price (there is always a price) is that we have to give up the notion that science can tell us what reality *is*; it can

It is your actions, not your words, that determine who you are. Our words express the hope we have of what we want to be, but our actions show what we have chosen.

only tell us the way that the human mind is forced or constrained to see reality. His second step was to make a distinction between the world of nature, in which the laws of causality hold without exception, and the world of freedom, where there is a place for moral conscience, will, and decision. The latter realm is where religion has a place in the Kantian system.

This distinction between the realm of determinism and the realm of freedom influenced the directions taken by philosophers thereafter. Some subsequent philosophers deny will and freedom; others take the will as the primary reality; and still others strive to maintain the existence of both in a perpetual tension. For the most part, the existentialists have gone the road of the will.

Existentialism is a difficult view to define because it isn't really a "view." Rather, it is a way of life. That it can't really be defined is both its glory and its shame. It does, however, have some identifiable characteristics. It is a person-centered philosophy which has ties with the fine arts because of the value it places in the power of the emotions. Where philosophers generally tend to be distrustful of the emotions due to discontinuity and irrationality, existentialists posit that our emotions allow us to get in touch with something more profound. They believe that we are not "just a brain", that we are emotive as well as rational, and that this must be acknowledged if we are to understand what it means to be human and to live fully human lives.

Dr. Flynn mentioned that two existentialist philosophers

have been awarded the Nobel Prize for Literature: Albert Camus and Jean-Paul Sartre. (Of the two, Sartre refused to accept the prize.) The existentialist value of using the fine arts to teach Philosophy is predicated on the idea that the arts provide a concrete medium; they

communicate ideas through flesh and blood characters to whom we can relate and from whom we can learn.

Existentialists use metaphors and images that can't be put into words. Some of the metaphors that Dr. Flynn himself used were very effective. For example, he compared a concept to a credit card. Unconnected ideas are like having a pocket full of small change--there is only so much you can do with it. You wouldn't use small change to purchase a car. But as a credit card enables us to purchase larger objects, so general philosophical concepts which connect ideas enable us to understand the world in a broader sense. (We'd better refrain, I think, from asking about interest rates. . .)

For the existentialist, the human being is always "in progress." You can always make something out of what you have been made into. In this sense, it is a philosophy of hope. But this, too, has a price: you are always responsible for what you are. It is your actions, not your words, that determine who you are. Our words express the hope we have of what we want to be, but our actions show what we have chosen. When I think of the relation between words and action, I picture a person standing beside a river watching a child drown as he repeatedly states, "I will save the child. I promise I will."

Virtue in existentialism is "authenticity." This means taking responsibility for who you are, acting of your own accord rather than letting others act for you, and making conscious choices through your day to day

actions. Existential authenticity means *being* an individual, not just claiming to be one.

Authentic religion also focuses on this individual responsibility. This means to know what is at risk, to contemplate your decision seriously, to know why you believe what you do, and to be aware of the limitations of your belief. There is a division between the atheistic and the theistic existentialists. Dr. Flynn's topic focused on the theistic side.

The father of theistic existentialism is Søren Kierkegaard. He stressed the importance of making choices, taking responsibility for those decisions, and making a leap of faith which, although it need not be irrational, will certainly entail some measure of risk.

There are three particular issues of existentialist thought which have religious value. The first is the "I/Thou" relationship, which has been studied by Gabriel Marcel, a Catholic existentialist, and Martin Buber, a Jewish existentialist. This is a relation of a person to an "other"--in the context of religion, an absolute "other"--to whom one makes a commitment. The relation is an act of human will. The second issue is the moral challenge of responsibility. As we become more individual we reciprocally become more responsible for our actions. The third issue is authenticity, which was described above.

Another main theme in existentialism is our finitude. Dr. Flynn mentioned that on his drive in from Atlanta he heard a story on NPR about a city in Montana which wants to teach its citizens "how to die." (Referring, of course, to the attitude toward death. And certainly foregoing the Aristotelian ideal of "learn by doing".) The existentialists urge us not to disregard the notion of death, but to take responsibility for it; a positive acceptance of mortality can enrich life. Like religion, existentialist philosophy is concerned with meaning and life. If our lives are progressing in a specific direction death can be a focal point. If we have the courage, we can use that focus to maintain order in our lives.

Thus Dr. Flynn accomplished his goal of giving us a sense of what the existentialist movement is about, how it overlaps with religion, and how it affects the concrete lives of people.

Unfortunately, I fell asleep in the van on the way back to Armstrong, so I didn't get to hear or participate in the class discussion of Dr. Flynn's lecture. But I do believe that everyone had an enjoyable and educational experience. I certainly did.

We extend our thanks to the GSU Department of Literature and Philosophy for inviting us to attend this lecture; to the AASU Department of Languages, Literature, and Dramatic Arts for funding our transportation; to Dr. Erik Nordenhaug for arranging the trip, bringing us to GSU (and, especially, for being a "safe driver"); and, of course, special thanks to Dr. Thomas Flynn.

Guest Philosopher to Speak at Armstrong!

Dr. Ann Hartle, a professor of Philosophy at Emory University, will be coming to Armstrong Atlantic State University to share a lecture on her most recent book, *Self Knowledge in the Age of Theory*. Dr. Hartle will be joining us on Thursday, April 9th, 1998, at 12:15 in Health Professions Auditorium. There will also be a luncheon held after the lecture, in the faculty dining room in MCC, at which we can speak with Dr. Hartle and discuss her topic.

Sponsored by The Philosophical Debate Group of AASU

For more information, contact Dr. Erik Nordenhaug in the Department of Languages, Literature, and Dramatic Arts. 921.7322. e-mail:

nordener@pirates.armstrong.edu

Visit the Philosophical Debate Group's Website!!!

<http://www.armstrong.edu/Activities/Clubs/pgd>

Former Dorm Resident at AASU says it's time for Repairs

By Nick Deaton

If you plan to live in the dorms at AASU, please reconsider. If you already live on campus, may God have mercy on you. As a former resident of the dorms for two years, I know what dorm life is like. Dorm life here at AASU can be compared to that thick layer of scum in the bottom of the Savannah River.

I lived in the same dorm room for two years, and each year Bill Kelso, the housing coordinator, would come around to each room and make a list of what needed to be fixed. Kelso might have had someone come and replace a light bulb. The Dorm room I lived in had problems much more serious than just a couple of light bulbs. For two years, there was a leak in the roof above my dorm room. Every time it would rain I would watch the ceiling swell up with water until water would stream down the wall and saturate the floor. The same problem would occur in the room below mine. Kelso was very aware of this problem for two years. He ex-

amined the problem once. This fall, when the dorms were getting ready for students to move in, the basketball coach went to see where his players were going to live. When he saw the dorm rooms he demanded his players to be moved into better living conditions. The same dorm room that I lived in for two years is now considered unsafe to live in and no one is living there now.

We had suggested to Bill Kelso that we would like a volleyball court for the dorm students. Kelso liked the idea and had promised us a volleyball court. A couple of students researched the prices and instructions to build the court. Well, a week had gone by and nothing progressed. We went to ask Mr. Kelso what was going to happen and we were told he did not have time to be bothered by us. That was on a Friday, and that Sunday he was out playing softball instead of fulfilling his promises. There has still been nothing done about a volleyball court for the dorm students.

Administrator Reponds to Criticism of Housing

By Dr. Joe Buck,
Vice President for Student Affairs

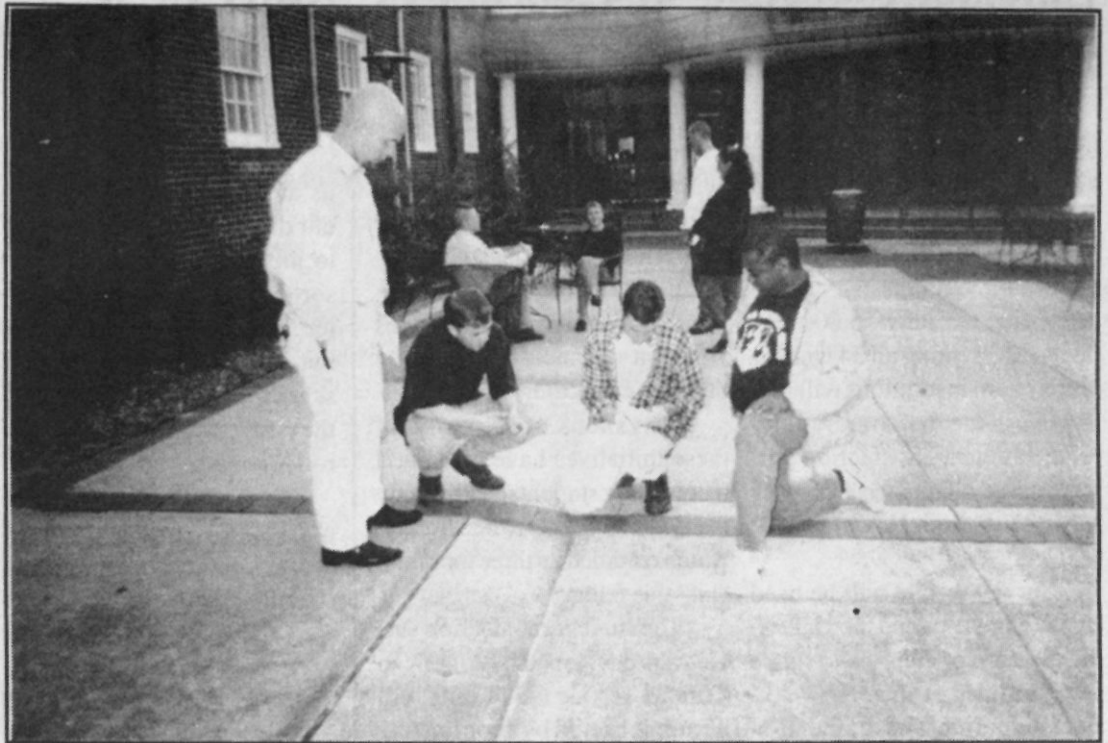
Mr. Kelso has referred the above letter of criticism concerning our housing complex to me since I am his supervisor. We are extremely aware of the needs within our leased housing complex. That is only one of the reasons that President Burnett and other administrators are working so hard to get permission to build an on-campus housing complex.

The university has been in a lease agreement for twelve years. Knowing the disadvantages of this situation, and there are many, it has continued to be necessary to provide housing for those students who, because of our expanded university mission, come to Armstrong Atlantic from outside the commuting area. Since apartment complexes in our area enjoy 96% average occupancy rates and

many students cannot find off-campus housing and because many of our out-of-area students do not have vehicles, we have provided the leased housing complex.

As to the construction of volleyball courts, paving the parking area, the residence hall road and other improvements that have been suggested during the last several years, the university has made the decision during the last year not to commit funds to major property improvements on the lease property when it appears that we may be very close to approval for on-campus housing. Had the writer of the [above] letter come back to see Mr. Kelso or to see me, he would have been informed of that fact.

We greatly value our residence hall students, both athletes and non-athletes. One of the reasons we have persisted in a less than satisfactory lease situation



Members of the Student Government Association tour the campus to take note of sidewalks and lighting that need repair and improvement. Many areas of the sidewalk are damaged and provide uneven footing causing students, professors and guests to the campus to trip and fall. The uneven sidewalk also impairs wheelchair mobility. Lighting on some areas of campus is little better than the light from a full moon, and in some locations there is no light at all. Many buildings are well lighted inside, but have no light shining on the stairs outside, presenting a very dangerous situation. The administration has added new lights over the years and patched areas of sidewalk, but the task is quite monumental, and much more needs to be done.

Housing Reply

was because of what residence hall students have meant to the life on campus, in activities participation and in assumption of campus leadership roles. With very little budget, we have and will continue, as long as we are in the agreement, to attempt to provide adequate housing for those housing students.

I am sorry that the writer feels so negatively about the situation. If he did not feel that he was getting proper service, I wish that he might have come to me so that I could have heard his complaints. I have not, in the last several years, heard any complaints from any residents about that particular room regarding a roof leak. I have, however, had continuous recommendations from Mr. Kelso about repair needs and the university has attempted to respond each time as quickly and thoroughly as limited funds made possible.

The Fight Against Diabetes Begins Next Door

(NAPS)—Are you over forty-five and overweight? Do you rarely exercise? You could be at risk for diabetes. Or you may be one of the eight million Americans who has diabetes and doesn't know it.

Each Fall, the American Diabetes Association holds its Community Campaign for Diabetes. The goal of the campaign is to reach at least seven million households with the message that diabetes is serious—one house at a time.

This very special program involves neighbors helping neighbors in the fight against diabetes. Volunteers across the country send letters to their neighbors asking them to take a simple written test to find out if they are at risk for diabetes and to make a contribution to diabetes research and public information programs.

The American Diabetes Association hopes that programs such as the Community Campaign for Diabetes will help people learn the risk factors of diabetes and to see their doctor if they are at risk. In addition, by donating funds, people will be helping the American Diabetes Association search for a cure and improve the everyday lives of people with diabetes.

Diabetes is a disease that affects the body's ability to produce or respond properly to insulin, a hormone that allows blood sugar to enter the cells of



In the Community Campaign for Diabetes, volunteers ask their neighbors to test their risk of diabetes and contribute money to help find a cure. Call 1-800-232-8580 for more information.

the body and be used for energy.

People of African American, Hispanic and Native American descent, in addition to those with a family history of diabetes, are at especially high risk for this disease.

This year alone, 178,000 people will die from diabetes. That's more than will die due to breast cancer or AIDS. Diabetes causes serious complications such as stroke, heart disease, kidney disease, blindness and nerve damage leading to lower limb amputations. Currently there is no cure for diabetes.

For a copy of the diabetes risk test, to make a donation to the American Diabetes Association or for more information on the Community Campaign for Diabetes, please call 1-800-232-8580.

Remember, the fight against diabetes begins right next door.



In 1493, Christopher Columbus planted the first lemon trees in America. By the late 1700s, lemon trees had been taken to California by Spanish missionaries.

University System of Georgia to Conduct Student Satisfaction Survey

2001 College Preppies Take Tour of AASU

By BJ English

Selected students in the University System of Georgia will have the opportunity this fall to express their opinions about everything from academic courses to parking facilities.

Approximately 55,000 students representing all 34 University System institutions will participate in the first ever System-wide "Student Satisfaction Survey," to be conducted from October 27 through November 14, 1997.

Survey results will be used by the campuses and the University System of Georgia to shape efforts aimed at increasing student retention and graduation rates System-wide.

"The Board of Regents places the welfare of students first and foremost, and all our decisions continually emphasize that goal," said James Muyskens, senior vice chancellor for academic affairs with the Board of Regents. "Over the past several years we have implemented a number of student-centered initiatives to enhance academic and campus life, including several high-technology initiatives aimed at better delivery of key services. With the high pace of these innovations on our campuses, it is an appropriate interval to stop and ask our students: how are we doing?"

Some of the key student-related initiatives recently implemented by the University System include:

- a 5% reduction in tuition for students at two-year colleges aimed at positioning these institutions as an affordable access point to the University System.

- the GALILEO statewide electronic library, which unites all 34 institutions' library holdings electronically and makes them accessible to all students;

- BANNER, an on-line student advising and registration system which allows students to register for classes by computer and/or telephone, and access

- faculty advising electronically;
- new model classrooms which provide training facilities which enable faculty to integrate technology into classroom instruction; and

- new student facilities aimed at enhancing the quality of extra-curricular activity.

Muyskens said many of these initiatives have been well received by students, particularly the GALILEO electronic library, which recorded its three millionth "hit" this fall.

The student satisfaction survey was developed by American College Testing (ACT) and will be administered by coordinators at each of the 34 institutions. There are two surveys, one for two and one for four year institutions. Students will be queried in a number of areas, including: what factors influenced their decision to attend an institution; the number of classes students take; and their level of satisfaction with their academic program, campus admissions policies and facilities. Additionally, a number of questions are tailored to each individual institution.

The number of students to be surveyed at each institution will be based on the college's or university's Fall 1996 undergraduate enrollment. Only undergraduate students enrolled for credit will be surveyed, except at the Medical College of Georgia in Augusta. Surveys will be administered by mail and in classes. Specific groups of students have been identified to ensure a representative sampling, including by gender and race, traditional, and non-traditional students. Survey results are expected in early spring of 1998. The estimated cost of the project is \$50,000.

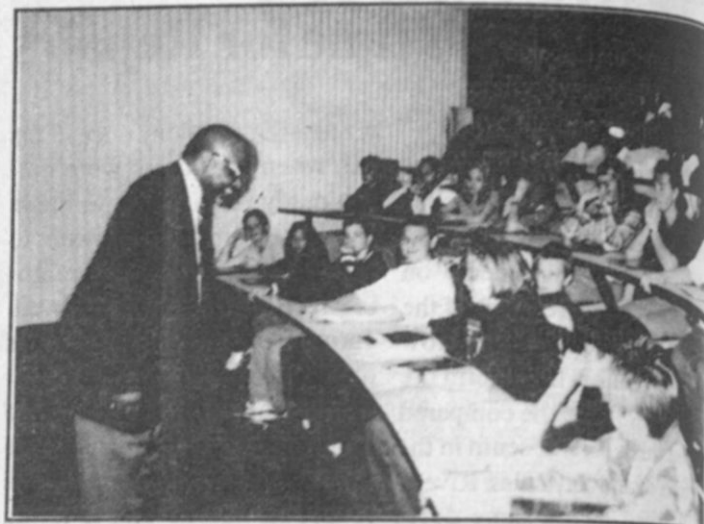
The University System of Georgia currently enrolls approximately 206,000 students at four research universities, two regional universities, 13 state colleges and universities, and 15 two-year colleges.

By the year 2001, most of us at AASU will have gotten our degrees and be on our way to jobs, grad school, or some sort of life that we hope is better than the one we have now, but what about those middle school children? Where will they be when the year 2001 rolls around?

Some of them may be taking the last preparatory steps toward entering the halls of AASU. Standards are changing for college entrance in the very near future. High School graduates in the year 2001 will discover that it isn't as easy getting into a Georgia University System school as it is now. The number of College Preparatory Curriculum (CPC) units will increase from 15 to 16 units, with an additional unit in mathematics being added.

The College PREP Curriculum will include a minimum of 4 units in English, 4 in mathematics, 3 in science, 3 in social studies, and 2 in foreign language. Admission to Research Universities such as UGA will require an additional 4 academic units.

This means that middle



Alfred Owens tells students how to better communication skills.

potential for college is determined by their SAT scores, and high school GPA.

Middle school students may also enter into PREP (Post-secondary Readiness and Enrichment Program) which will better help them to prepare for the changes to come.

PREP groups have been coming to Armstrong to do volunteer service and to sit in on various topic presentations ranging from communication and relationships, to study skills, in the hopes that the extra attention they receive will better prepare them for the changes in the future.

Recently, a group of Bryan County middle school students visited the Armstrong campus

being said. They also discussed the qualities which made up a good student: doing homework, listening in class and behaving appropriately.

Two students, Keisha Mosley and Dwayne Rogers were impressed with Armstrong. Keisha was interested in art and science classes, while Dwayne liked Literature.

Both said their grades have gone up since they have been receiving help from tutor Brad Knight. When she is not in school, Keisha likes to play on her computer. Dwayne likes to hunt and fish.

Knight said he found out about the tutoring position when he saw a poster on campus and



Lottie Scott, Keisha Mosley, Cindy Diefenbach, Dwayne Rogers and Brad Knight participate in PREP

school children need to start taking college preparatory classes now to qualify for consideration by the school of their choice.

Students will be accepted or denied based on the Freshman Index, in which the student's

with their teachers and tutors. They sat in on a talk about communications and relations with Minority Affairs Director Alfred Owens and learned how to ask the teacher questions when they did not understand what was

said he gets as much out of tutoring the kids as they do. He tutors in all subjects and said that several of the students he has worked with have come back and told him that they were making A's due to his help.



The centipede which is supposed to have 100 legs, only has about 40.

You know you're a poor person when:

- you find a penny on the ground and get excited about it.
- having a week's supply of canned beans and corn flakes in your cupboard makes you feel financially secure.
- your idea of a luxury vacation is going to the movies and buying popcorn.
- your idea of a going on a drinking binge means drinking an entire two liter coke by yourself.
- the only cable going to your television is the one with the electric outlet attached to it.
- taking the ferry to work in the morning is the closest to a cruise you will ever come.
- you look at homeless people and feel guilty for living it so high on the hog, then worry that someday if things get any worse, you might be joining them.
- you can afford to buy a used car, but you can't afford insurance and gas.
- you have a garage sale to buy that new sweater you've always wanted and end up spending the money on corn flakes and beans instead.

You Know you're an e-mail addict when...

1. You wake up at 3 a.m. to go to the bathroom and stop to check your e-mail on they way back to bed.
2. You get a tattoo that reads "This body best viewed with Netscape Navigator 1.1 or higher."
3. You name your children Eudora, Mozillia and Dotcom.
4. You turn off your modem and get this awful empty feeling, like you just pulled the plug on a loved one.
5. You spend half the plane trip with your laptop on your lap and your child in the overhead compartment.
6. You decide to stay in college for an additional year or two, just for the free Internet access.
7. You laugh at people with 9600-baud modems.
8. You start using :-> in snail mail.
9. Your hard drive crashes. You

haven't logged in for two hours. You start to twitch. You pick up the phone and manually dial your ISP's access number. You try to hum to communicate with the modem and you succeed.

10. You find yourself typing "com" after every period when using a word processor.com
11. You refer to going to the bathroom as "downloading."
12. You start introducing yourself as "JohnDoe at AOL dot com."
13. Your cat has its own home page.
14. All of your friends have an @ in their names.
15. You can't call your mother she doesn't have a modem.
16. You check your e-mail. It says "No new messages." So you check it again.
17. Your phone bill comes to your doorstep in a box.
18. You don't know what sex three of your closest friends are because they have neutral nicknames and you never bothered to ask.
19. You move into a new house and decide to Netscape before you landscape.
20. You tell the cab driver you live at "http://1000.edison.garden/house/brick.html"

Submitted by Michelle Roberts

Savannah Tutoring Services

Tutoring in English and Horticulture
John J Dunn A.B. Harvard Ph.D.
Formerly of the Savannah Country Day School, Armstrong State College and St. John's University, NY, NY.
Reasonable, Reliable, Scholarships Available. Call 238-3193.

Graduation Information

PLEASE BE ADVISED THAT THE FOLLOWING DEADLINES FOR SUBMITTING APPLICATIONS FOR GRADUATION ARE FIRM:

OCTOBER 31 - FOR WINTER APPLICANTS

DECEMBER 5 - FOR SPRING APPLICANTS

Annual AASU Pottery Sale to be Held Monday December 1

at the Fine Arts Building

(Ceramics Room)

9 A.M. to 6 P.M.

Doors won't open until 9am

Ceramic work of students and Faculty includes cups, plates, mugs, vases and more.

These items make great unique Christmas and Holiday gifts.

Gift Ideas

Know The Difference Between 'Write' And Wrong

(NAPS)—When it comes to choosing a pen, knowing the difference between "write" and wrong can help. That means looking for style and reliability at an affordable price. The right writing instrument makes a perfect holiday gift. Here's a brief sampling of what you'll see in the stores this season:



When making up your gift list you might want to write down "pens" for special friends and family. They make a perfect holiday gift.

• An attractive, carefree look with great writing comfort—The Clipper, a new writing instrument from rotting Germany distributed by Koh-I-Noor, is a versatile retractable pen available as capless rollerball or ballpoint. It's the latest example of high fashion and is the ultimate holiday stocking stuffer for both style-conscious individuals and people on-the-go.

• Ergonomically balanced, comfortable and refined—The rotting 600 series with its distinctive hexagonal-shaped brass barrel and substantial weight are sturdy writing instruments that retain their value. These steel nib fountain pens are available in four sizes and are perfect for business executives.

• The writing instrument as a fashion accessory—rotting Trio-Pens are available in today's hottest colors: Ocean blue, Coral red and Amazon green. Their unique design and range of color will complement any clothing ensemble.

Announcements

Tree of Light in Forsyth Park

Nov. 29, 7:00pm

Meet in Forsyth Park for Savannah's annual kick-off to the Christmas season. Caroling, Santa, and the lighting of a 60 foot Christmas tree.

For more information, call 234-1111.

Annual Christmas Tour of Homes

Dec. 5-6

The doors of Savannah's historic homes, each as interesting and diverse as its owners, open to the public for the holiday season.

For more information, contact Bob Fisher at 234-1810.

Christmas on the River

Dec. 6, 10:00am

Join the Christmas fun with a parade along River Street as well as arts and crafts, entertainment and the lighting of the Christmas Tree! For more information, contact the Savannah Waterfront Association.

Christmas 1864--Evacuation of Old Fort Jackson

Dec. 6

A reenactment of the Civil War events at Fort Jackson as Confederate defenders prepared to evacuate ahead of Union General William Tecumseh Sherman's army on December 20, 1864. The Union Army is represented by the 29th Ohio and the First South Carolina Volunteers reenactment units.

Three 45-minute programs are given. Visitors participate as civilians who are denied military river transport and sent back to their homes. If you would like more information, contact the Coastal Heritage Society.

Festival of Trees and Lights

Dec. 6-Jan. 2

10:00am-8:00pm Participate in the spirit at the Savannah Civic

Center! For over 10 years the Festival of Trees and Lights has delighted attendees with over 75 beautifully decorated trees and wreaths, a unique menorah section and fun events! The Festival stands out as one of the most popular family events of the holiday season in Savannah.

Savannah College of Art and Design Presents...

Tour MLK Jr. Blvd with SCAD on December 5, 12, 19 @ 2 P.M.

Rediscover the timeless beauty and careful attention to detail that exemplifies Martin Luther King Jr. Blvd. Join SCAD in exploring this fascinating component of Savannah's Historic District. Reservations preferred; transportation provided. Call 239-1447 for info.

Children's Story Hour @ Ex Libris Bookstore, 228 Martin Luther King Jr. Blvd. @ 11 A.M. Staff will delight and amuse children of all ages with classic and modern children's stories while parents browse through the Holiday Shoppe or sip a warm mug of cappuccino at the coffee bar. No reservations required.

Celebrate the Season- Pei Ling Cahn Garden for the Arts 324 Martin Luther King Jr. Blvd.-

Experience various holiday season interpretations representing diverse cultural and ethnic traditions. No charge for admission; no reservations required.

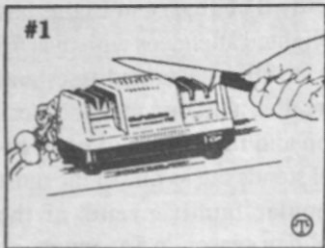
Holiday Tour of Faculty and Staff Homes- December 13 @ 4-6 P.M. Casey House- 318

Liberty Street- SCAD faculty and staff open their homes for a holiday tour, beginning with a reception at the beautifully restored Casey House. Guests travel aboard the college's London double-decker buses to tour homes in the Historic District, Baldwin Park and Ardsley Park Admission \$10 for adults, \$6 for senior citizens, \$3 for children 12 and under. Reservations required; transportation provided

For more information on SCAD events, or to make reservations, contact Bonnie Jackson or Bonnie Marsh at 912-239-1447. Tell them the Inkwell sent you!

Talking Turkey

Carving Is As Easy As 1,2,3!



The distance from the heel to the articulation of the calf muscle is an indication of jumping ability. For high-jumping dancers and athletes, the distance should be equal to or greater than the length of the foot.

(NAPS)—You can carve like a pro with three simple tips:

#1—Use A Good, Sharp Knife
A sharp, non-serrated carving knife cuts thinner, more even slices. Serrated knives are like saws: they tend to tear meat.

A razor-sharp knife cuts smoothly and won't shred tender meat. You don't have to be an expert to put a professional edge on your knife. New, easy-to-use Chef'sChoice® knife sharpeners have built-in angle guides to give you razor-sharp edges. They use 100 percent diamond abrasives to quickly and safely sharpen top quality knives. For recommendations on a sharpener that's right for you, call EdgeCraft, (800) 342-3255.

#2—Make a Long, Deep Base Cut
Before carving, cool the roasted turkey for 15 minutes to make the meat firmer and easier to slice.

Remove and set aside the turkey legs and the last joint of each wing. Make a long, deep (to the bone) horizontal "base cut" into the breast just above the wing.

#3—Slice Down to the Base Cut
Slice down vertically through the breast to the "base cut" to release perfect, even slices. It's that easy!

Is Pink Turkey Meat Safe?

(NAPS)—The pink color in some cooked turkey raises a flag to many people who call the U.S. Department of Agriculture's nationwide toll-free Meat and Poultry Hotline. Is it safe to eat? What causes well-done turkey meat to be pink?



• Chemical changes within meat tissues can occur during cooking that can give cooked poultry a pink tinge;

• Younger turkeys have thinner skins that permit harmless oven gases to reach the flesh and cause a color change;

• The amount of fat in the skin also affects the amount of pink color in cooked meat;

• Poultry grilled or smoked outdoors can also look pink, even when well done.

Using a meat thermometer is the only way to be sure that the turkey has been cooked to a safe temperature. If the temperature of the turkey as measured by the thermometer placed in the thigh has reached 180°F, then the bird is done and safe to eat. If stuffed, the temperature of the stuffing should reach 165°F before it is removed from the cavity to be safe.

For more information, call the Hotline at 1-800-535-4555 from 10 am to 4 pm, Eastern Time, year-round. Also, check the hotline's Internet site at <http://www.usda.gov/fsis>.

Cooking Corner

Top Off A Holiday Feast With Pumpkin Chiffon Meringue Pie

(NAPS)—As you roast the turkey and stir up the cranberry relish this Thanksgiving, add a twist to the traditional dessert buffet with light and creamy Pumpkin Chiffon Meringue Pie. Quick and easy to prepare the night before your feast, it is a savory addition to your holiday trimmings.

Pumpkin Chiffon Meringue Pie is made creamy and delicious with DANNON® Vanilla Flavored low-fat yogurt rather than cream or whole milk which is used in the typical pumpkin pie. Since the preparation of this pie does not involve cooking the yogurt, the live and active cultures that are characteristic of yogurt are preserved.

This Thanksgiving Day, try a favorite dessert made with the wholesomeness of DANNON® yogurt—Pumpkin Chiffon Meringue Pie.

PUMPKIN CHIFFON MERINGUE PIE

(Makes eight servings)

Ingredients

3½ cups (30 oz. can) pumpkin pie filling*
4 large egg whites, divided
¼ teaspoon pumpkin pie spice mix
2 envelopes plain gelatin (approx. 4 tsp.)
1 cup DANNON® Vanilla Low Fat yogurt
1 7 oz. jar marshmallow creme (about 2 cups)
1 ready-made 9-inch graham cracker crust (6 oz. net wt.)
Pinch of salt
4 tablespoons granulated sugar

*Pumpkin pie filling can be substituted for 29-oz. can pureed pumpkin plus ¼ cup sugar and an additional ½ teaspoon pumpkin pie spice mix.

Procedure

1. Preheat oven to 425°F. In medium saucepan combine pumpkin pie mix, 2 egg whites



and spice mix. While whisking mixture with small wire whisk, sprinkle gelatin slowly over mixture to incorporate. Heat gently, whisking constantly. Bring to a boil, lower heat and whisk for 3 to 4 minutes. Remove from heat and let mixture cool 30 minutes.

2. Stir in yogurt until smooth. Cover and refrigerate 45 minutes or until mixture begins to thicken. Fold in marshmallow cream until completely smooth. Spoon pumpkin filling into pie crust and refrigerate 3 hours or until completely firm.

3. To make meringue: Using an electric mixer, whip remaining 2 egg whites with a pinch of salt at high speed 3 minutes. Slowly add sugar, a little at a time, beating well after each addition. Continue beating 3 minutes or until meringue is stiff and glossy. Spread meringue evenly over top of chilled pie, covering entire top and edges of pie. Bake in oven 5 minutes on cookie sheet until lightly browned. Let cool completely before cutting into 8 slices to serve.

Nutritional Information Per Serving = 1 Piece

310 Calories; 7.0 g Protein; 6 g Fat (17% calories from fat); 60 g Total Carbohydrates; 90 mg Calcium; 10 mg Cholesterol; 245 mg Sodium.

THEN and NOW!

Roofs That Last A Lifetime

(NAPS)—Had Thomas Jefferson known what would happen to the roof of his beloved Monticello over the past two centuries, he probably would have hit the ceiling—and so would you. Here's a brief history of the problem and the "lasting solution" now in place.

THEN: In the 1770's, Monticello, Jefferson's beloved home, was roofed with wood, probably chestnut shingles. By 1782, he determined that tin was a better roofing material. Unfortunately, the roof failed by the mid-1800s and subsequent repairs in the following years using a combination of materials also failed to provide long term protective coverings.

NOW: In the most recent restoration (1993), the architects decided to retain a slate like look for Monticello's roof and dome, but to use stainless steel as the basic material. Resisting corrosion and easy to maintain, stainless steel will last for many future generations. And so will Monticello, Thomas Jefferson's architectural masterpiece.

Today, a wide range of buildings are being roofed with stainless steel to reduce life-cycle costs. Witness the extensive and dramatic use of this 20th century material to protect and beautify the just completed Washington National Airport.

When stainless steel is used in buildings, bridges, highways and



In the latest repair of the roof of Thomas Jefferson's beloved Monticello, the architects turned to stainless steel. Its resistance to wear and corrosion means it will last a lifetime—and much more!

other government projects (private ones too), it means they resist rust, become far more durable. They cost less over a longer life-cycle.

Write or contact your local, state and federal representatives. Find out how they feel about lowering taxes by recommending stainless steel as today's value option in new and rebuilt buildings, highway, bridges in our decaying infrastructure.

Free Leaflet

For free leaflet *Why Stainless Steel?* and a better understanding of what stainless steel can mean to you, contact—Specialty Steel Industry of North America, 3050 K Street, N.W., Washington, D.C. 20007, tel: (202) 342-8630, fax: (202) 342-8451, <http://www.ssina.com>.

Did You Know?

(NAPS)—Learn about the origins of some of the world's best-known products, from Tupperware to Tootsie Rolls in *Why Didn't I Think Of That?* The book is available at local bookstores, or by calling (800) 225-5945.



Get a grip on winter driving with products from Prestone Products Corporation. They may help keep your driveway clear of ice and reduce the amount of slipping and sliding on the road.

For more information on Walls' outdoor apparel, call toll free 1-800-447-WEAR. The company offers clothes that can help keep you warm, dry and concealed.

Clean your sink by sprinkling a cleanser, such as Bon Ami Cleanser, on the wet surface and rubbing with a wet sponge or cloth. This can help remove bacteria from your countertops.

To receive a copy of *Bertolli Celebrates the Mediterranean Menu*, a \$5.95 value, send a check or money order for \$2 to cover postage and handling to: Bertolli Nutrition Center, P.O. Box 2001, Grand Rapids, MI 55745-2001.



On the average, each person in the U.S. uses about 70 gallons of water per day in his or her home.

Chocolate Delight

1 cup flour
1/2 cup margarine
1 cup chopped pecans
1 large carton cool whip
1 cup powdered sugar
3 cups milk
1 small package Chocolate instant Pudding
1 small package Vanilla instant Pudding
1- 8 ounce cream cheese

Mix flour, margarine and pecans, then press into 9 x 13 pan. Bake at 350° for 20 minutes, then cool. Mix 1 cup whipped cream, powdered sugar and cream cheese. Spread over crust. Mix both puddings and milk until thickened, then spread over cream cheese layer. Top with rest of whipped cream and chill for 2 to 3 hours before serving. Keep refrigerated.

HINTS FOR HOMEOWNERS

Say No, No, No To Holiday Frozen Pipes

(NAPS)—Thousands of dollars in damage to your furniture, floors and belongings this Christmas could turn your "ho, ho, ho!" into a "Bah, humbug!" Imagine how you'd feel when you learn the damage could be prevented with a few simple steps.

When water inside your pipes continually freezes and expands, it causes thousands of pounds of water pressure to build up downstream from the ice, causing pipes to burst—and ruining an average of a quarter-million families' homes each winter.

Generally, pipes in homes in northern climates are placed inside insulation, protecting them from the common cold temperatures. However, holes in the structure coupled with extremely cold weather can lead to frozen pipes.

Homeowners in the South seem to be less aware of freezing problems, which may only occur once or twice a season, but they need to be careful as well. Their houses are more vulnerable to winter cold spells because the pipes are more likely to be located in unprotected areas outside the insulation.

Pipes in attics, crawl spaces and outside walls are especially vulnerable to freezing if there are cracks or openings that allow cold air to follow across the pipes. For example, holes in an outside wall where cable or telephone lines enter the house can provide access for cold air to reach pipes.

A one-eighth inch (3-millimeter) crack in a pipe can send more than 250 gallons of water cascading into your home a day.

State Farm Fire and Casualty Company, the nation's largest insurer of homes, says you can avoid becoming a victim of this preventable disaster by:

- Insulating pipes in your home's crawl space or attic. The more insulation you use, the better protected your pipes will be. An insulating pipe sleeve, heat tape or a thermostatically controlled heat cable are probably your best bets. Be sure to use products approved by an independent testing organiza-



tion, such as Underwriters Laboratories Inc.

- Sealing leaks that allow cold air inside. Look for leaks around electrical wiring, dryer vents and pipes. Use caulk or insulation to keep the cold out and the heat in.

- Disconnect garden hoses and, if practical, shut off water with an indoor valve and drain it from pipes leading to outside faucets to help prevent the short span of pipe just inside the house from freezing.

- If you're going to be away for an extended period of time, it might make sense to shut off and drain the water system. You must be aware, however, that if you have a fire protection sprinkler system, you will be shutting it off with the water.

- Letting the hot and cold faucets trickle and opening cabinet doors to allow heat to get to insulated pipes under sinks and in exterior walls when a severe cold is forecast.

- Setting the thermostat no lower than 55 degrees Fahrenheit (12 degrees Celsius) and asking a friend or neighbor to check your house daily to ensure that it's warm enough to prevent freezing.

By taking these precautions, you can help avoid having your holiday season ruined by the costly, inconvenient and preventable disaster of frozen pipes.

For a free brochure that includes additional tips for preventing frozen pipes, see a State Farm agent or write: No Frozen Pipes, Public Affairs Department, State Farm Insurance, One State Farm Plaza, Bloomington, IL 61710.

Gift Ideas To Break Out Of The Fruitcake Habit

(NAPS)—And now a brief history of disappointing holiday gifts: 1) naughty children get lumps of coal, 2) adults get fruitcake.

In a recent survey of 1,009 American adults conducted by Kahlúa, half the respondents said they have received fruitcake as a gift during the holidays—but the majority (59 percent) indicated they just don't have a taste for the dense, doughy things. Apparently a favored use for fruitcake is "recycling" it. Twenty-seven percent of those surveyed admitted they rid themselves of unwanted fruitcake by passing it along to someone else.

True, gifts such as fruitcakes are sometimes enticing to shoppers because they come in colorful tins that don't require additional wrapping. However, there are many alternative gifts that are just as easy to give and lots more fun to receive.

In the spirit of holiday cheer and sensible gift-giving, consider this list of "boring" and "better" holiday gift suggestions.

- **Fruitcake folly**—The perpetuated myth of fruitcake as a welcome (or even edible) gift must cease. The irresistibly delicious



alternative is a Kahlúa White Russian Brownie by Sara Lee, available this season as the added gift in holiday packs with 750 ml bottles of Kahlúa. It's fudgy, filled with chunks of rich white chocolate drizzled with Kahlúa for a mocha twist, and it's unquestionably moister than any boring fruitcake could ever hope to be. Conveniently packaged in a decorative holiday tin, but that's where the similarity with fruitcake ends!

- **Gloves/scarves**—Practical for residents of chilly climates,

but boring. Instead, how about keeping warm with a faux-fur Russian hat? Classic, intriguing, and retro-chic.

- **Nix the coffee mugs**—Who doesn't already have a cabinet full of these things? A better suggestion for the java junkie on your list might be a coffee press—a stainless steel and glass decanter that extracts a rich brew directly from the grounds without a paper filter.

- **Self-help books**—Paperback best-sellers hyping diets, management philosophies and the like are nice holiday gifts, but nice is BORING. A better gift for your bibliophile might be *Doctor Zhivago*, Boris Pasternak's classic Nobel Prize-winning novel. "Man is born to live, not to prepare for life. Life itself, the phenomenon of life, the gift of life, is so breathtakingly serious!" Delicious prose like this is perfect to savor with a bite of Kahlúa White Russian Brownie and a cup o' joe on a long wintry evening.

When it comes to shopping for the mail carrier, clients, loved ones or neighbors this holiday season, the answer is simple: cliché bad, creativity good. And leave the hard lumps of fruitcake for naughty folks.

Your Computer

Change Your Look In A Virtual Salon

(NAPS)—Ever wish you could experiment with hair color to see what you would look like as a red-head or as a platinum blonde? Ever wonder how you'd look with a goatee or a dramatically different pair of glasses?

Wish you could update a friend's look with a stylish hat, curls or earrings? Beat the Monday morning office blahs with an eye-catching "do"?

Now you can! With Wig Out!, an ingenious software package that helps you create unique looks, you can try almost any daring style—in the comfort of your own home or office—without a permanent change. With a click of a button, Wig Out! lets you try dozens of hairstyles, haircolors and accessories on digital images of yourself or others.

According to LisaJean Borden, Director, Product Marketing at Connectix, "Wig Out! encourages you to reach above and beyond your image potential, by allowing you to try on new and different looks without making a permanent commitment. Wig Out! lets you have fun while discovering the styles that truly enhance your appearance."

Easy-To-Use

Wig Out! is easy-to-use and is designed to be simple enough for everyone in the family. Wig Out! provides hundreds of professionally-designed hairstyles to create new looks—from rastafarian to rocker—for your friends and family.

In addition to creating new looks for yourself, friends and



family, you can also have fun inventing new looks for such famous folks as Bill and Hillary Clinton, George Washington and Newt Gingrich.

Once you've discovered your best "face", you can print the image and take it to a salon or get crafty and make greeting cards, posters or calendars. Cyberspace devotees can even send new looks in an e-mail or post their image on a Web site—the possibilities are endless!

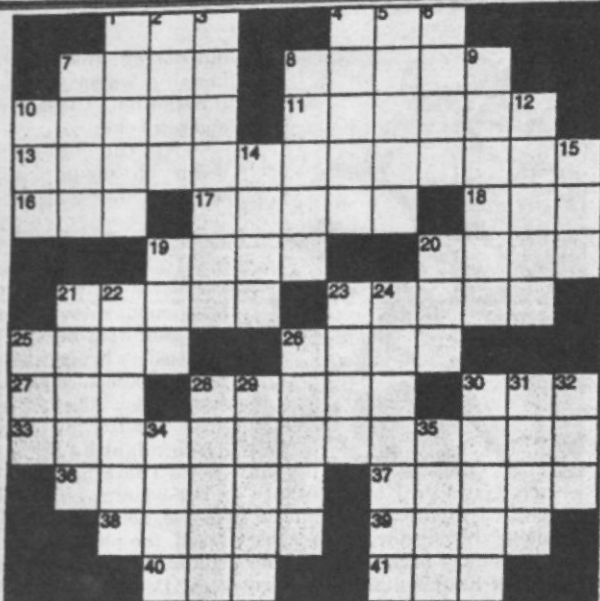
Getting pictures into Wig Out! is a snap. You can use a Connectix QuickCam or other digital camera or a scanner. Don't have one of these? Connectix has included a coupon from York Photo Labs to get your film digitized.

To find out more about Wig Out! visit the Connectix Web site at www.connectix.com. Wig Out! is available at Tower Records, Egghead, Electronics Boutique, Virgin Mega Stores or via mail order from PC Connection and PC Mall, and costs between \$25 and \$35. Wig Out! can also be ordered by calling 1-888-611-7383.



KING CROSSWORD

ACROSS
 1 Kreskin's specialty
 4 Chaps
 7 Cupid's field
 8 Irritated
 10 Light on one's feet
 11 Harm
 13 Parlor piece
 16 Before
 17 Perfect spots
 18 Apprehend
 19 Wallet fill
 20 Hotel furnishings
 21 "— Entertainment!"
 23 Asinine remarks
 25 Arduous
 26 '60s dance
 27 Football fill
 28 Most of Iberia
 30 Arthur or Lillie
 33 Accessory for
 36 Draw
 37 Daughter of Mme. Curie
 38 Jockey's garb
 39 "Phooey!"
 40 Monorails, perhaps



41 Compre-
DOWN
 1 Boxer Griffith
 2 Unrivaled
 3 Bar
 4 Confine
 5 Montreal team
 6 Young actress?
 7 Antiquing apparatus
 8 Work-bench attachments
 9 He
 slipped us a Mickey
 10 "Downed"
 12 Patronizes the library
 14 Mid-March
 15 Cable channel
 19 Erstwhile acorn
 20 Satchel
 21 Gave it a whirl
 22 Messenger of the gods
 23 Vivacity
 24 Contin-
 25 Sailor
 26 Data
 28 Motionless
 29 Quick kisses
 30 Butler of "Grace Under Fire"
 31 Billions of years
 32 Pub offering
 34 Mayberry lad
 35 Verifiable



"I play just for the sheer joy of being grossly overpaid."



"He's still ornery. Can you fix something else?"

OUT ON A LIMB by GARY KOPERVAS



R.F.D. by MIKE MARLAND



1998 HOMECOMING COURT AND QUEEN SELECTION PROCEDURES

1. All contestants must be sponsored by one of the recognized student organizations or activity groups listed on pages 21-23 of the STUDENTS ILLUSTRATED.
2. Each contestant's application must be signed by the organization's advisor.
3. Each application MUST BE ACCOMPANIED BY 2 (TWO) 5x7 PHOTOS (color or b&w) of the contestant. Student Photographic Services (927-5357) will produce these for you if you schedule a photo session prior to December 5.
4. Applications must be received in the Student Activities Office by 5 p.m. Friday, December 1, 1997.
5. Balloting for homecoming court will be held from 9 a.m. - 6 p.m. January 26 & 27 at the Student Activities Office. The contestants who receive a majority of the votes cast will be selected to the homecoming court. The contestant with the most votes will be the homecoming queen.
6. The results will be announced following the introduction of the court and their escorts during halftime of the men's homecoming basketball game which begins at 4:00 p.m. Saturday, February 7.
7. The elected homecoming court members and/or their escorts must attend the presentation rehearsal in the Aquatic Recreation Center at 1:30 p.m. on Thursday, February 5, following the SGA vs. Administration basketball game/pizza party/pep rally.
8. Organizations may sponsor only one contestant.
9. All students must present a photo I.D.'s in order to vote.

For more information, contact the Student Activities Office; 927-5300 or Homecoming Elections Coordinator, Kelli Boyd at H (912) 826-1980 or Wk. (912) 826-6868.



Your Horoscope by Natasha

ARIES (March 21 to April 19)
 Your routine tasks comfort you and make you feel secure this week. You are able to pounce on every detail and end the job with a flourish. Home life is favored over the weekend.

TAURUS (April 20 to May 20)
 It's a week of new beginnings for you, both at work and at home. Relationships are also taking a new, exciting turn. This weekend, you have extra initiative that is fortunately tempered by diplomacy.

GEMINI (May 21 to June 20)
 Concentration is a problem early in the week. However, as time goes on, you gain control and are able to accomplish much. Try not to allow unexpected events to throw you off course this weekend.

CANCER (June 21 to July 22)
 You're struck by some wanderlust and could be tempted to throw caution to the wind and take off. However, tend to tasks at hand instead. In romance, it's a time of commitment for singles.

LEO (July 23 to August 22)
 Don't be too concerned when a social plan is changed. This ultimately works to your advantage as you get much done at work instead. Over the weekend, home-based activities bring good times.

VIRGO (August 23 to September 22)
 Unexpected developments occur on the job this week. In love relationships, you have no doubt how you feel. Enjoy a special outing this weekend.

LIBRA (September 23 to October 22)
 You are so caught up with work, you're neglecting a loved one. Don't let this preoccupation damage your relationship. Investment concerns come to the fore later in the week.

SCORPIO (October 23 to



November 21) Some make plans for a family reunion or outing. You are at your communicative best and should take full advantage of this. Success is achieved through your creativity.

SAGITTARIUS (November 22 to December 21)
 You plunge right in to tackle all those unfinished tasks. Much is accomplished and you feel satisfied with your progress. This weekend, pay close attention to domestic concerns.

CAPRICORN (December 22 to January 19)
 If you have to err, it's best to do so on the conservative side. Beware of making any radical changes in your strategies. Social life is heightened this weekend.

AQUARIUS (January 20 to February 18)
 Uncertainty about travel plans clouds your week. At work you're all work and no play, but you make big strides in attaining your goals. A co-worker is helpful.

PISCES (February 19 to March 20)
 Travel and business conducted from a distance is favored. Take advantage of this and get in some sightseeing as well. Important news is delivered by a bigwig.